



# REGISTRATION

12TH - 14TH  
NOVEMBER 2014

COMMERCIAL CLUB ALBURY

## THE PRACTITIONER'S VOICE

6<sup>th</sup> Australian Rural & Remote  
Mental Health Symposium



Australian & New Zealand  
Mental Health Association



# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Invitation to Attend: 6th Australian Rural & Remote Mental Health Symposium

The number of Australians experiencing mental health problems in rural and remote areas is estimated to be comparable to major urban centres. However, the rural and remote community faces a greater challenge with limited access to mental health services and support. The Symposium theme, *The Practitioner's Voice*, seeks to give voice to those practitioners who are faced with these challenges on a regular basis.

Presenters will address recent impacts and future outcomes as we consider the following questions:

- What is the lived experience of the practitioner in a rural or remote setting?
- How can the voice of these practitioners be heard when decisions are made?
- Can we ensure that rural and remote practice is considered in the distribution of resources?
- In what ways can a practitioner be an effective voice for consumers located in rural and remote settings?
- What are the barriers and enablers in attaining training for continued professional development points in rural and remote Australia?
- Rural practitioners experience of the new graduate. Work ready or not?

The symposium will include keynote speakers, concurrent sessions and workshops that develop skills related specifically to the mental health needs of our rural and remote communities, and ways to effectively prepare mental and other health professionals to meet future challenges.

Anxiety, depression, stress, grief and other mental health problems can often occur with many rural communities being affected by environmental threats and economic downturn. In recent years we have endured severe drought, flooding, bushfires and cyclones, which puts financial stress on farming communities. Mental health practitioners need to prepare themselves, their clients and communities, to deal more effectively with future negative occurrences in rural and remote areas.



If you are a practitioner in rural and remote Australia or have an interest in these issues, I invite you to join me in an ongoing discussion so that your voice will be heard on the appropriate and effective distribution of resources outside of the major urban centres.

*Dr Keith Miller, Symposium Chair  
Senior Lecturer, School of Social and Policy Studies, Flinders University.*



## Program Committee

- Dr Keith Miller, Senior Lecturer, School of Social and Policy Studies, Flinders University
- Russell Roberts, Director, Mental Health and Drug & Alcohol Program, Western NSW Local Health District
- Chris Healey, Senior Research Fellow/Clinical Simulation Educator, Greater Green Triangle, University Department of Rural Health
- Alison Delphin, Wodonga Adult Mental Health
- Grahame 'Bonny' Gibson, Men's Health/Family Violence programs
- Peter Sugg, CEO, Australian and New Zealand Mental Health Association

## Symposium Streams

- The Practitioners Voice
- Rural and Remote Challenges: resources, professional development, employment
- Working in Partnerships: practitioners, consumers and carers
- Recovery Oriented Practice
- Cultural Engagement: working with Aboriginal people
- Resilient Communities through Natural Disasters
- Mental Health Youth Services
- Suicide Prevention
- e-Health, Technology and Social Media



# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Program Highlights

The program is intended to provide all participants with an opportunity to contribute and learn. The program will include:

- Keynote presentations by renowned speakers
- Concurrent sessions, workshops and panel sessions
- Networking Function
- Trade Exhibition of the leading industry professionals
- Poster Presentations
- Access to presenter podcasts and book of proceedings following the symposium

## Who Should Attend?

- Workers in the provision of rural mental health services
- Policy Makers
- Nongovernment organisations
- Nurses
- Public health services
- Private health services
- Private practitioners
- Psychologists
- Psychiatrists
- Researchers
- Social Workers
- Rehabilitation Consultants
- Health Professionals
- Academics
- Allied Health Professionals
- Carers
- Clinicians
- Community representatives
- Counsellors
- Educational Institutions
- General Practitioners
- Emergency Service / Volunteer personnel

## Why You Should Attend?

- Be exposed to new and innovating ideas and ways of thinking
- Network with your peers and leaders in their fields
- Be inspired
  - by an optimistic, action orientated group of people
  - by profound and positive speakers
- Learn key skills needed for ensuring the future
- Learn how to make a positive difference



## Symposium Host

The Australian and New Zealand Mental Health Association Inc is a non-government, not for profit organisation. The role of the Association is to advance the field of mental health in the region by the application of knowledge about mental health. From mental health education, training, research to mental health advocacy.

## Destination

Albury Wodonga is strategically placed between Melbourne (3 hour's drive) and Sydney (5.5 hour's drive) on the Hume Highway. The twin cities' of Albury and Wodonga have a residential base of more than 85,000, however regionally Albury Wodonga services a population of around 170,000 people giving it critical mass.

The cities are serviced by three major airlines including Qantas, Virgin Australia and Regional Express, as well as extensive rail and coach services.



## Venue

The Commercial Club Albury Ltd was founded in 1903 as a Business Man's Club with an emphasis on Commercial Travellers. The Club is now a large Social Club with 30,000 members and provides quality Restaurants, Bars, Lounges, Entertainment and Sporting Activities. The Commercial Club is located in the centre of the cities CBD.



# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Accommodation

### Quality Hotel on Olive

With a blended atmosphere of business and pleasure, Quality Hotel on Olive has stylish accommodation and superior facilities, making it the perfect place to enjoy a delightful weekend, a corporate get-together, a special event, or an indulgent night away.

**Queen Suite: \$155.00 per room, per night**

### Rydges Albury

The Rydges Albury hotel features quality Albury Wodonga accommodation in the heart of the city. For business and leisure travellers looking for the best Albury hotels, Rydges' first-class hotel amenities and prime location make it the perfect place to stay. Enjoy nearby shops, cafes, restaurants and entertainment during your stay. Plus, there is a heated outdoor swimming pool and an onsite bar and restaurant (Fresco's) to make your stay in our Albury NSW hotel a relaxing one.

**Deluxe Queen Rooms: \$139.00 per room, per night**



## Registration

Registration Type	Early Bird Closes 3rd October 2014	Standard From 4th October 2014
Full Registration Member**	\$750.00	\$850.00
Full Registration Non Member	\$850.00	\$950.00
Full Presenter Registration	\$650.00	\$750.00
Full Concession Registration	\$600.00	\$700.00
Day Only - 12th or 13th Nov	\$450.00	\$550.00
Workshop Only - 14th Nov	\$130.00	
Welcome Reception Ticket	\$65.00	

\*\*Must be a member of any of the following associations:

- Australian and New Zealand Mental Health Association
- Australian Association of Social Workers
- Australian Clinical Psychology Association
- Australian College of Mental Health Nurses
- Australian Infant, Child, Adolescent and Family Mental Health Association Ltd
- Australian Occupational Therapy Association
- Australian Psychological Society
- Mental Health Association NSW
- Mental Health Association QLD
- Mental Health Carers Arafmi Australia
- Mental Health in Multicultural Australia
- The Mental Health Foundation of Australia
- The Australian Healthcare and Hospitals Association
- The Mental Health Council of Australia
- The Mental Health Foundation of Australia
- The Mental Health Professionals' Association

## Registration Inclusions

### Full Registration

- Attendance to all symposium sessions and keynote presentations
- Meals for the duration of the symposium including morning tea, lunch and afternoon tea
- Symposium materials including satchel and handbook
- Softcopy of the book of proceedings (available after the symposium)
- Access to presenter podcasts following the symposium
- Ticket to the Welcome Reception including drinks and canapés – 12th November
- First 100 delegates to book the workshop day receive complimentary access – 14th November



# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Day Registration – Wednesday 12th or Thursday 13th November 2014

- Attendance to symposium session and keynote presentations of your nominated day
- Meals for your nominated day including morning tea, lunch and afternoon tea
- Symposium materials including satchel and handbook
- Softcopy of the book of proceedings (available after the symposium)
- Access to presenter podcasts following the symposium

*Tickets to the welcome reception or workshops can be booked separately on the registration form.*

## Workshops – Friday 14th November 2014

Half day workshops are FREE to the first 100 Full Registration delegates. Delegates MUST register their interest in attending a workshop. Failure to register for a workshop will be acknowledged as the delegate does not wish to attend a workshop and subsequently will not be included.

## Early Bird Registration

Early Bird Registration is available for registrations received and paid before COB Friday 3rd October 2014. Registrations not paid by that date will be re-invoiced at the standard rate.

## Concession

Concession Registration Rate is available for Carers, Consumers, Students and Non-working delegates only.

## Payment

Once registration is received a confirmation email and tax invoice will be issued. All accounts must be paid in full 30 days from the invoice date or 10 business days before the symposium start date, whichever comes first. However payment for early bird registrations must be received by Monday 29th September 2014.

The organisers reserve right, without notification, to cancel outstanding accounts any time after 30 days from date of tax invoice being sent. If payment is not received prior to the symposium, access will be granted only after full payment is made via credit card or cash.

All registrations received after Monday 27th October 2014 must be paid in full by credit card only.

## Refunds and Cancellations

The symposium committee understands that circumstances can change. At any point prior to the event you are welcome to contact us in writing to nominate a substitute delegate at no extra charge.

A full refund less a \$150 service fee will be issued for cancellations received on or before 30th September 2014. Registration cancellation received between 1st October 2014 and 14th October 2014 will receive a 50% refund on the registration fees. No refunds will be issued after 15th October 2014. Non-payment does not constitute cancellation.

All accommodation bookings will be subject to the individual hotel cancellation policy. Please contact the secretariat for the hotel cancellation policy.

## Insurance

It is the responsibility of delegate's to arrange their own travel insurance. The symposium does not endorse or have any arrangements with any companies. The following are provided for your information only.

[www.onepath.com.au](http://www.onepath.com.au)

[www.travelInsuranceManagers.com.au](http://www.travelInsuranceManagers.com.au)

[www.travelinsuranceweb.com.au](http://www.travelinsuranceweb.com.au)

[www.travelinsurancequotes.com.au](http://www.travelinsurancequotes.com.au)

## Disclaimer

The symposium organisers reserve the right to change activities, topics and presenters where necessary. The organisers shall not be liable for any loss caused by the cancellation of the symposium where such cancellation is due to Force Majeure. The term "Force Majeure" means any circumstance beyond the reasonable control of the organisers including but not limited to War, hostilities (whether war be declared or not), terrorism, aircraft hijacking, military operation, riot, civil war, rebellion, civil commotion or unrest, Acts or Regulations of government, refusal to grant visas, explosions, transport delays, transport difficulties and the insolvency of airline carriers. The organisers will use all reasonable efforts to conduct the symposium despite the intervention or occurrence of any such cause.





# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Registration Form

Full payment is required upon registration to confirm your participation in the symposium. Please fill out ONE registration PER PERSON attending.

ABN: 243 619 355 48

Required\*

### Personal Details

Title\*..... First Name\*..... Last Name\*.....

Badge Name (if different to above):.....

Position:.....

Organisation\*.....

Postal Address: .....

Suburb:..... State\*..... Post Code:.....

Phone\* ( )..... Fax: ( ).....

E-mail\*.....

Dietary Requirements:.....

### Registration

	<b>Earlybird</b>	<b>Standard</b>
Full Registration Member	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850
Full Registration Non Member	<input type="checkbox"/> \$850	<input type="checkbox"/> \$950
Full Presenter Registration	<input type="checkbox"/> \$650	<input type="checkbox"/> \$750
Full Concession Registration	<input type="checkbox"/> \$600	<input type="checkbox"/> \$700

### Workshops

Half day workshops are being held on Friday 14th November 2014 and are FREE to the first 100 Full Registration delegates. Delegates MUST register their interest in attending a workshop.

Yes, I will be attending

No, I will not be attending

\$130.00 Workshop Only Registration (Day registrants and non-delegates)

### Day Registration

Wednesday 12th November 2014  \$450  \$550

Thursday 13th November 2014  \$450  \$550

### Additional Tickets

Welcome Reception  \$65 Quantity.....

**Total Registration Amount:** \$.....



# 6<sup>th</sup> Australian Rural & Remote Mental Health Symposium

12th - 14th November 2014 | Commercial Club, Albury



## Accommodation

Bookings must be accompanied with a credit card guarantee or paid in full by bank transfer or cheque before your arrival to the hotel.

- Quality Hotel on Olive:** Queen Suite: \$155.00 per room, per night
- Rydges Albury:** Deluxe Queen Rooms: \$139.00 per room, per night

Arrival date: ..... / ..... / 2014      Departure date: ..... / ..... / 2014

Room Type:       Single       Double       Twin

Special Requirements: .....

**Total Amount for Full Stay:**    \$.....

## Payment Method

Cheque      Make payable to:  
 Australian and New Zealand Mental Health Association  
 PO Box 29, Nerang, Queensland 4211

Bank Transfer      Account Name: Australian and New Zealand Mental Health Association  
 Commonwealth Bank of Australia  
 BSB: 064 000  
 Account Number: 1320 4793

Please fax or email a copy of the remittance to 07 5527 3298 and include the delegates name(s) and symposium name.

Credit Card      Please charge the total amount above to the following credit card:

Mastercard       Visa       American Express

Credit Card Number:

Expiry Date: ..... / .....

Name on Card: .....

Signature: .....

**Total Amount Due:**      \$.....

Please return your completed registration form to:  
**Mail:** PO Box 29, Nerang, 4211 Queensland Australia  
**Fax:** 07 5527 3298    **Email:** ruralhealth@anzmh.asn.au  
 Enquiries please email or phone 07 5502 2068